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Syllabus/ Course Schedule

Therapeutic Nutrition and Cell Detox in Your Practice

Distance Learning – video

Course Description

An 8 hour online video course in some very fundamental issues in the therapeutics of lifestyle alteration and cell nutrition. We discuss the necessity for detoxification in today's world, the Food Enzyme concept, reflux, and a traditional evaluation of today's diet choices. We will relate common diet patterns to pathology, and also discuss the specific pathways of the healing diet, de-mythologizing many common misperceptions. The need for specific chelating of plaque and heavy metals is emphasized. Genetically Modified foods are present today in 80% of packaged foods in supermarkets. We will define what GM really means. And what the agenda is behind this global experiment in world agriculture and food productions. Here are the topics of the 8 one hour Sections:

- Section 1 The Need for Detox
- Section 2 The Food Enzyme Concept
- Section 3 Enzyme Bioavailability
- Section 4 The Traditional Diet
- Section 5 Oral Chelation and Minerals
- Section 6 Introduction to GM Foods: The Biotech Industry
- Section 7 New Practices in Food Production
- Section 8 Corporate Control of Genetically Modified foods

Educational Objectives:

1. To familiarize the doctor with the actual process of genetic modification
2. To summarize the sources of toxicity common in most adults today
3. To explain enzymes as the defining factor in nutrient dense food
4. To demystify much of the misdirection about diet from unreliable online sources
5. To educate the doctor on methods of processing rampant within the food industry today
6. To offer well documented and sensible suggestions on clinical detoxification

Teaching methods: 8 one hour videos, with suggested reading and testing for certificate of credit